



Packing List

Smart Casual * 90 Days * All Carry On

Toiletries		Clothing
Toothbrush/paste/floss		Long shorts (1)
Lotions (hand and sun)		Active/jogging/legging pants (1)
Perfume/Cologne/Aftershave travel bottle		Jeans/trousers (3)
Makeup and Colored Chapstick		Long underwear (silk)
Nail clippers/Tweezers		Robe/sleepwear
Deodorant		3 button up sweaters (1 heavy, 2 light)
OTC drugs: aspirin/ibuprofen/cold meds		10 shirts (6 tanks, 3 long sleeve, 1 dressy)
Rx Drugs (+ Cipro if applicable)		Bra (3)
Toiletry tote to hang in shower		Underwear (9)
Compact mirror		Socks (5 pairs)
Hair brush/clips/elastic bands		Dressy Scarves – blue and brown
		Belt
Miscellaneous		Swimsuit/sarong
		Sterling Scottevest Jacket (watch for sales)
Passport (w/color copies)/ Int'l Drivers License		Fleece vest
Pen/mini notebook		
Tissues – travel pack size		
Mini umbrella		Electronics
Prescription Glasses/Contacts + spare		
Sunglasses		iPhone with Mophie battery
Clothes line and/or bungee cord		USB drive
First Aid Kit + blister care		Tablet
Business cards		Camera and memory cards
Baggies (quart and gallon)		Waterproof case for cell phone
Tide Stick for stains		RFID sleeves
Thermos (water bottle size to fit in backpack)		Adaptor w/ multiple USB ports
Gifts for hosts/classmates/new friends		Digital scale for bags
Gloves/Hat		
Day bag/crossover purse shopping bag		Shoes
Sewing Kit – travel size		
Key ring only with keys for the trip & return		Walkable dressy ankle boots
Small jewelry box with non-flashy jewelry		Flip flop shower shoes
Watch (to avoid pulling out cell phone)		Sturdy Sandals
Locks (suitcase or for hostel/room locker)		Tennis shoes/Hiking boots
Buy Once There (depending on destination)		
Shampoo/Conditioner/Shower Soap		
Make-up remover		

